

Exercise Science, B.S.

North Carolina Community College classes are listed below in left column. The UNC Charlotte equivalent course is listed in the column next to the NCCCS courses.

The University of North Carolina at Charlotte strongly recommends students complete their Associate's degree prior to transferring to UNC Charlotte. Pathways are structured for students who have completed all requirements for their Associate's degree and qualify for the CAA.

Please Note: BDP's are developed based on the approved curriculum for each catalog year. Based on admitted term of entry and the curriculum posted for the catalog year, programs of study are subject to change.

UNC Charlotte Baccalaureate Degree Plans

health.charlotte.edu

Additional Requirements / Special Note for Admission to the upper division in major:	<p>Transfer students meeting general transfer admissions requirements will begin at UNC Charlotte as Pre-Exercise Science students until they qualify for the upper-division. Admission is competitive. Minimally meeting the eligibility requirements does not guarantee admission. Students can apply to the upper division once meeting the following requirements:</p> <ul style="list-style-type: none"> • Complete 36 credit hours with a minimum of GPA of 2.5 • Complete the double asterisk (**) progression courses at a NC Community College or UNC Charlotte with a minimum grade of C in each course • EXER 2150 and EXER 2101 are eligibility requirements that may not have community college equivalents. These courses are offered in the fall, spring and summer terms.
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		NC Community College Course	UNC Charlotte Equivalent Course	Notes
Semester 1 15 Credit Hrs.	4	BIO 111: General Biology I UGETC: Natural Science	BIOL 2120: General Biology I	
	4	MAT 152: Statistical Methods ** UGETC: Math	STAT 1220: Elements of Stat I **	
	3	ENG 111: Writing and Inquiry UGETC: Composition Student Choice	WRDS 1103 Wrtnng & Inqry Acdmc Ctx I & II	
	3	UGETC: Social/Behavioral	General Education Course	
	1	ACA 122: College Transfer Success	TRNF 1ELE: Transfer Elective	

		NC Community College Course	UNC Charlotte Equivalent Course	Notes
Semester 2 14 Credit Hrs.	4	MAT 171: Pre Calculus Algebra **	MATH 1100: College Algebra **	
	3	ENG 112: Writing and Research in the Disciplines UGETC: Composition Student Choice	CTCM 2530: Critical Thinking and Communications	
	3	UGETC: Social/Behavioral	General Education Course	
	4	BIO 168: Anatomy and Physiology I **	EXER 2168 & EXER 2168L: Anatomy and Physiology I & lab **	

		NC Community College Course	UNC Charlotte Equivalent Course	Notes
Semester 3 16 Credit Hrs.	3	COM 120: Interpersonal Communications or COM 231: Public Speaking UGETC Arts/Humanities	COMM 2107: Interpersonal Communications or COMM 1101: Public Speaking	
	3	Student Choice UGETC: Humanities/ Fine Arts	General Education Course	
	3	Student Choice UGETC: Social/Behavioral	General Education Course	
	4	BIO 169: Anatomy and Physiology II **	EXER 2169 & EXER 2169L Anatomy and Physiology II & Lab**	
	3	Additional GEN ED or Pre-Major/Transfer Elective	Additional GEN ED or Pre-Major/Transfer Elective	

UNC Charlotte Baccalaureate Degree Plan

		NC Community College Course	UNC Charlotte Equivalent Course	Notes
Semester 4 16 Credit Hrs.	3	Student Choice UGETC: Humanities/ Fine Arts	General Education Course	
	4	CHM 151: General Chemistry I **	CHEM 1251 & CHEM 1251L General Chemistry I & Lab **	
	3	Additional GEN ED or Pre-Major/Transfer Elective	Additional GEN ED or Pre-Major/Transfer Elective	
	3	Additional GEN ED or Pre-Major/Transfer Elective	Additional GEN ED or Pre-Major/Transfer Elective	
	3	Additional GEN ED or Pre-Major/Transfer Elective	Additional GEN ED or Pre-Major/Transfer Elective	

Critical Course Indicator	
2 Star (**) Critical Course	Critical Success Course that is a required introductory or prerequisite course within the Major and/or prerequisite course for UNC Charlotte Upper Division coursework for intended major
1 Star (*) Critical Course	Critical Success Course necessary for seamless transition and required for UNC Charlotte Upper Division coursework for intended major
0 Star (Lt Green color only) Critical Course	Key Success Marker Course that is important for seamless transition but can be secured after transfer

Color Key	Category
Light Green	Success Marker Course (Critical Course)
Light Blue	UGETC: General Education Course
Light Orange	Additional GEN ED or Pre-Major/Transfer Elective

		UNC Charlotte Equivalent Course	Notes
Semester 5 16 Credit Hrs	3	EXER 3260 - Nutrition for the Physically Active	
	3	EXER 3280 - Exercise Physiology: Foundation and Theory	
	3	EXER3281 - Exercise Physiology: Principles and Application	
	1	EXER 1000 level courses	
	3	General Elective	
	3	General Elective	

		UNC Charlotte Equivalent Course	Notes
Semester 6 15 Credit Hrs	3	EXER 3285 - Principles of Strength and Conditioning	
	3	EXER 3286 - Exercise Testing : Foundation and Theory	
	3	EXER 3287 - Exercise Testing: Principles and Application	
	3	General Elective	
	3	General Elective	

		UNC Charlotte Equivalent Course	Notes
Semester 7 15 Credit Hrs	3	EXER4121 - Pharmacology for the Physically Active	
	3	EXER 4286 - Exercise Prescription	
	3	EXER 4293 - Biomechanics	
	3	General Elective	
	3	General Elective	

		UNC Charlotte Equivalent Course	Notes
Semester 8 15 Credit Hrs	3	EXER 4490 - Exercise Science Internship	
	3	General Elective	
	3	General Elective	
	3	General Elective	
	3	General Elective	

61	Total NCCCS Credit Hours
61	Total UNC Charlotte Hours
122	Total Credit Hours